## lifelines@frequency of disease

In this factsheet, the frequency of disease occurrence on baseline and the newly reported cases since baseline are depicted. These numbers are exclusively based on questionnaire data (self-reported) from adult Lifelines participants, from 2006 till 2017 (152,728 adult participants). Not every question was repeated in follow up questionnaires. Therefore newly reported cases are not always available (-). More detailed info on disease prevalence and multimorbidity are available on request.

## Baseline — 2007 /2013 Newly reported cases — since 2011

140

500 140

Diabetes	Type 1 + 2 combined				
70	3,800 1,600				
espiratory System	Asthma	COPD / pulmonary emphysema / chronical bronchitis	Chronic throat / nasal cavity inflammation		
	13,400 2,100	8,000 2,300	8,300 —		
ancer	Cancer				
	<b>7,000</b> <b>1,900</b> <sup>1</sup>				
•	<sup>1</sup> This number excl	udes data from paper o	questionnaires from F	FUP2 and FUP3.	
ardiovascular ystem	Heart valve problems	Heart failure	Stroke	Heart infarct	
	1,500 —	1,100 1,500	<b>1,100</b> 510	1,600 580	
	High blood pressure	High cholesterol	Atherosclerosis	Pulmonary embolism	Thrombosis
	32,000	19,400	700	1,000	1,800
	_	_	_	_	_
lood	Anemia	Clotting disease			
	23,000 9,300	930 —			
igestive System	Gastric ulcer / Oeso- phageal problems <sup>2</sup>	Celiac disease	Gallstones	BS (irritable bowel syndrome)	Ulcerative colitis
िंची	3,800	330	5,300	14,300	840
	2,300	320	1,200	2,400	280
	Liver cirrhosis	Crohn's disease			
	1/0	F00			

<sup>&</sup>lt;sup>2</sup> During baseline we asked for 'gastric ulcer' and during follow-up questionnaires for 'oesophageal problems'.

## lifelines@frequency of disease

## Baseline — 2007 /2013 Newly reported cases — since 2011

Kidneys and bladder	Impaired kidney function	Kidney failure	Kidney stones	Chronic urinary infection	Incontinence
	3,700	40	4,300	2,700	3,200
	_	220	990	_	_
Musculoskeletal System	Fibromyalgia	Rheumatoid arthritis	RSI	Arthrosis	Osteoporosis
Ro	4,700	3,400	3,200	11,000	2,200
	1,400	1,500	1,300	9,300	1,700
	Hip fracture <sup>3</sup>	Back or neck hernia	Spasticity		
	<b>30</b> 800	9,600 —	<b>210</b>		
Skin	Psoriasis	Eczema	Severe acne		
000000000000000000000000000000000000000	<b>4,200</b>	<b>22,900</b>	<b>4,200</b>		
Central Nervous System	Epilepsy	Multiple sclerosis	Migraine	Dementia	Parkinson's disease
(3)	1,900	360	27,400	18	80
	550	_	2,300	110	110
	Schizophrenia	Depression	Manic depressive syndrome (bipolar disorder)	Anxiety disorder	Agoraphobia
	140	15,100	490	4,600	<b>790</b>
	_	3,100	_	_	280
	Social phobia	Panic disorder	ADHD	Burnout	Dizziness with falling <sup>3</sup>
	1,300	4,400	1,400	12,500	880
	_	2,100	_	6,100	2,000
Others	Eating disorder	Chronic fatigue syndrome	Hepatitis B <sup>4</sup>	Cataracts	
	2,200	1,900 610	1,400 60	3,000	

 $<sup>^{\</sup>rm 3}$  Number is based on whether participant experienced the health issue in the last 12 months.

<sup>&</sup>lt;sup>4</sup> During baseline we asked for 'hepatitis' and during follow-up questionnaires for 'hepatitis B'.



Lifelines data are available to researchers, worldwide, in the field of healthy ageing.

Are you interested in the possibilities Lifelines has to offer for research or policy development?

Please check our website www.lifelines.nl or contact us directly: research@lifelines.nl.







